



**Watermark Urgent Care**

A Partnership with QuestCare Medical

9780 LBJ Freeway Suite 124 · Dallas, TX 75243 · 469-317-0028 · [care@watermarkurgentcare.com](mailto:care@watermarkurgentcare.com)

## Assistance with Physical Abuse

### **1. Exodus Ministries**

(For female ex-offenders and Children)

4630 Munger Ave. #110  
Dallas, TX 75204  
214-827-3772

[www.exodusministries.org](http://www.exodusministries.org)

- Must have been released from TX jail or Prison within the past calendar year
- Must be single mother w/no more than 3 children
- Children must be under 12 yrs old
- A woman can be considered after she completes the application found online.
- She must not have aggravated assault or sexual assault on her record.

### **2. Regeneration**

7540 LBJ Freeway  
Dallas, TX 75215  
214-361-2275

[www.watermark.org](http://www.watermark.org)

- Mondays from 6:30-8:30pm
- Childcare is available

### **3. Genesis Women's Outreach**

(for domestic abuse)  
4411 Lemmon Avenue  
(Counseling Center)  
Suite 201

Dallas, TX 75219  
214-946-HELP (4357)

[www.genesisshelter.org](http://www.genesisshelter.org)

- Call 24hr hotline to talk with someone
- Must call for shelter address

### **4. The Stewpot**

1822 Young Street  
Dallas, TX 75201  
214-746-2785

[www.thestewpot.org](http://www.thestewpot.org)

- Day shelter
- M-F 8:00am-3:45pm
- Closes at 2:45pm on Tuesdays